

# Remember to Talk to Your Patients Who Smoke About Quitting

Most of your patients probably already know tobacco use is bad for their health, but many try not to think about it or ignore early warning signs. They need YOU to talk to them about the serious health consequences because they depend on YOU for health advice.

The fact is, nearly two-thirds (64 percent) of smokers are not concerned about developing chronic obstructive pulmonary disease (COPD), America's fourth-leading cause of death, even though more than half of them (55 percent) experience at least one of the symptoms a minimum of once a week.

Studies show patients who are counseled on their tobacco use are more likely to quit.

**You can make a difference by urging your patients who smoke to quit.**

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SAN JOSE

408.998.5864

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# Remember to Ask Your Healthcare Professional How Tobacco Use Affects Your Health

**Are you short of breath?  
Do you cough or wheeze?**

Nearly two-thirds (64 percent) of smokers are not concerned about developing chronic obstructive pulmonary disease (COPD), America's fourth-leading cause of death, even though more than half of them (55 percent) experience at least one of the symptoms a minimum of once a week.

Don't ignore the facts.

**Talk to your doctor, nurse or other  
healthcare provider today.**

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